



## **Herbal Arts Apothecary Release of Liability Form**

I hereby acknowledge that Morrie Shafer is not a licensed medical doctor, and is therefore unable, by law, to diagnose, or directly treat any disease. I have been made aware of the education and training that Morrie has received. All sessions fall under the legal umbrella of “health coaching.” **All meetings and discussions are for educational purposes only. Initial\_\_\_**

I understand that the information I receive is not medical advice, and that it is my duty to consult with my licensed healthcare practitioner before ingesting any new substance. **I take full and complete responsibility for my own health, and the consequences of any decisions I choose to make in regards to my health.**  
**Initial\_\_\_**

I acknowledge that herb/supplement and pharmaceutical drug interactions are rare, but can occur. If I choose to take any dietary supplements, or herbs, and I suspect an adverse reaction of any kind, I will immediately stop taking the supplement, and consult with my licensed healthcare provider. **Initial**\_\_\_\_

If I become pregnant, I will immediately stop taking all herbs/supplements and consult with my licensed healthcare provider. **Initial**\_\_\_\_

If I begin any new pharmaceutical drug, or receive any new medical diagnosis, I will immediately stop taking all herbs/supplements and consult with my licensed healthcare provider. **Initial**\_\_\_\_

I will research which herbs/supplements, and foods could potentially impact surgery, and will cease taking herbs/supplements if I schedule a surgery. Before I resume, I will consult with my licensed healthcare provider. **Initial**\_\_\_\_

I will disclose all supplements, herbs, drugs (legal and illegal) that I am using. **Initial**\_\_\_\_

I will also disclose any health issues that are concerning to me, or that I am seeing a doctor for. **Initial**\_\_\_\_

In the event that I choose to take any herbal food products from Herbal Arts Apothecary, I acknowledge that I have willingly ingested such products, and take all personal responsibility for doing so. **Initial**\_\_\_\_

If I feel that my health concerns are becoming more severe, I will cease taking all herbs/supplements and will consult with my licensed health care provider.

**Initial**\_\_\_\_

**All client information is kept confidential, in every circumstance.**

The fee for our initial meeting is \$235. **This includes the initial meeting + 1 follow up consultation.** The first meeting can last 1-2 hours in duration (initial intake), and the follow-up meeting may last up to 45 minutes. **The follow-up must be scheduled for 4 weeks after the initial meeting. Appointments for the first follow-up appointment will be made at the conclusion of the initial consultation.**

Additional appointments (after your first two) are \$95, however I do have some package rates available. You may purchase 2 more sessions for \$150, or 4 more sessions for \$250. These sessions must be used within one year of your initial consultation. It ***is important to understand that herbal therapies are not a quick fix, and we will probably need multiple sessions together. Also, it is***

*important to make appointments in a timely manner, and to not let too much time lapse between appointments.* If you are most comfortable making your appointments individually, that is fine too.

**Payment is always due at time of service:** credit card, Venmo, check, or cash are all accepted forms of payment.

It is the client's responsibility to cancel all appointments 24 hours before appointment time, or a \$50 fee will be assessed (unless in cases of sincere emergency). **Initial** \_\_\_\_

It is the client's right to cease services at any time, without explanation.

**Initial** \_\_\_\_

In addition to scheduled appointments, Morrie is available Monday, Wednesday, and Friday from 10:00-11:30 am (office hours for existing clients).

Correspondence may be initiated via text, and if a phone call is needed, it can be arranged at that time. **Clients get two complimentary correspondences between appointments. I keep track of this.** Thereafter, a \$35 fee will be assessed for each correspondence. Clients are encouraged to become empowered to make health decisions for themselves.

**In the event that your health issue appears to be more serious than is warranted for an herbal or nutritional protocol, I may “refer you out” of the practice, and recommend either a higher level of care, or a different modality (including allopathic intervention). Always keep in mind that our work together does not take the place of medical care.**

Please be cognizant of the following:

- 1) I am not the one to be contacted for acute health issues. If you would like to ask a question during office time, you may text me, and I will do my best to answer that question. However, my work with you is not to address emergency health problems, but to work for a state of greater health and balance overall. I take this very seriously, and will work to the best of my ability to assist you.
- 2) I am only available for these “in between” correspondences if another appointment has been scheduled. Unfortunately, I have had clients who view me as “on call” indefinitely once they have come in for one or two appointments.
- 3) Please do not contact me on weekends. Like any other working professional, boundaries and personal time are essential for my mental health. Please respect me as you would a doctor or any other “licensed” professional. Thank you for your respect and courtesy.

4) Please only use text or email as forms of communication. I am not available on Facebook Messenger once you become a client. Please only contact me during the hours listed above as “office time” (Monday, Wednesday, Friday 10:00 am-11:30 am)

Thank you for your consideration in these matters.

Signed \_\_\_\_\_ Date \_\_\_\_\_